



2023 ST SASA Sombrero Dos - 10/27/2023 to 10/29/2023
WARM-UP ASSIGNMENTS



Session: 1 Friday
Warm-ups Start at 5:15 PM - Meet Starts at 06:00 PM

Single Warm-up - 5:15 PM to 5:45 PM

SASA	Streamline Aquatics	Lanes 1-7
C3S	C3 Swim Club	Lane 1
WAVE	San Antonio Wave	Lane 8-9
AQSA	Aqua Swift Aquatics	Lane 10
MSC	McAllen Swim Club	Lane 10
LIFE	Life Time Swim Team - Central	Lane 11

Session: 2 Saturday

First Warm-up 10:15 to 10:45 AM- 2nd Warm-up 10:45 to 11:15 AM - Meet Starts at 11:45 AM

First Warm-up - 10:15 AM to 10:45 AM

SASA	Streamline Aquatics	Lanes 1-7
C3S	C3 Swim Club	Lane 1
AQSA	Aqua Swift Aquatics	Lanes 8-9
LIFE	Life Time Swim Team - Central	Lanes 10-11

Second Warm-up - 10:45 AM to 11:15 AM

WAVE	San Antonio Wave	Lanes 1-6
CLAN	Laredo Nadadores	Lane 7
HOT	Heart of Texas Swim Team	Lane 8
MSC	McAllen Swim Club	Lane 9
VTX	Laredo Vortex Aquatics	Lane 10
CCLR	Cclr - Del Rio Diamondbacks	Lane 11

Coaches' Meeting @ 11:20 AM

Sombrero Parade @ 11:30 AM

Honoring CCLR and CLAN - Co-Winners of Sombrero Uno

Session: 3 Sunday

First Warm-up 11:20 to 11:50 AM- 2nd Warm-up 11:50 to 12:20 PM - Meet Starts at 12:30 PM

First Warm-up 11:20 AM to 11:50 AM

SASA	Streamline Aquatics	Lanes 1-7
WAVE	San Antonio Wave	Lanes 8-11

Second Warm-up 11:50 AM to 12:20 PM

AQSA	Aqua Swift Aquatics	Lanes 1-3
LIFE	Life Time Swim Team - Central	Lanes 4-5
CLAN	Laredo Nadadores	Lane 6
CCLR	Cclr - Del Rio Diamondbacks	Lane 7
VTX	Laredo Vortex Aquatics	Lane 8
MSC	McAllen Swim Club	Lane 9
HOT	Heart of Texas Swim Team	Lane 10
OPEN		Lane 11