

2023 ST SASA Sombrero Uno - 9/29/2023 to 10/1/2023

Warm-up Assignments



Session 1 Friday

Starts at 06:00 PM

Warm-ups 5:15 PM to 5:45 PM

SASA	Streamline Aquatics	Lanes 1-7
TCA	Tri City Aquatics	Lanes 1-7
UN	Unattached	Lanes 1-7
AQSA	Aqua Swift Aquatics	Lanes 8-9
LIFE	Life Time Swim Team - Central	Lane 10
MSC	McAllen Swim Club	Lane 11
AAAA	Alamo Area Aquatics Assoc	Lane 11

🕒 Coaches Meeting 5:50 PM

Session 2 Saturday

Starts at 11:45 AM

First Warm-up 10:25 AM to 10:50 AM

SASA	Streamline Aquatics	Lanes 1-8
TCA	Tri City Aquatics	Lanes 1-8
UN- NT	Unattached	Lanes 1-8
UN-ST	Unattached	Lanes 1-8
OPEN		Lanes 9-11

Second Warm-up 10:50 AM to 11:15 AM

AQSA	Aqua Swift Aquatics	Lanes 1-3
NEP	Swim Neptune	Lane 1
CCLR	Cclr - Del Rio Diamondbacks	Lane 4; Share 5
MSC	McAllen Swim Club	Share Lane 5
HOT	Heart of Texas Swim Team	Share Lane 6
CLAN	Laredo Nadadores	Lane 7; Share Lane 6
LIFE	Life Time Swim Team - Central	Lane 8
OPEN		Lanes 9-11

🕒 Positive Check-in for the 400 IM on Saturday will close at 10:50 AM

🕒 Coaches Meeting 11:20 AM

Sombrero Champs Parade for the Laredo Nadadores (CLAN) at 11:30 AM

Team Winner of the 2023 Sombrero Champs Meet

Session 3 Sunday

Starts at 12:30 PM

Warm-ups 11:45 AM to 12:15 PM

SASA	Streamline Aquatics	Lanes 1-4
TCA	Tri City Aquatics	Lanes 1-4
UN	Unattached	Lanes 1-4
UN	Unattached	Lanes 1-4
AQSA	Aqua Swift Aquatics	Lanes 5-6; Share 7
NEP	Swim Neptune	Share Lane 5
HOT	Heart of Texas Swim Team	Share 7
CCLR	Cclr - Del Rio Diamondbacks	Lane 8
MSC	McAllen Swim Club	Share Lane 9
CLAN	Laredo Nadadores	Lane 10; Share Lane 9
LIFE	Life Time Swim Team - Central	Lane 11

🕒 Positive Check-in for the 500 Free on Sunday will close at 11:50 AM

🕒 Coaches Meeting 12:20 PM