



2024 TIME STANDARDS

SPEEDO WINTER JUNIOR CHAMPIONSHIPS

* Qualifying period 11/1/2023 through entry deadline

WOMEN

MEN

| SCY | LCM | EVENT | LCM | SCY |
|----------|----------|--------------|----------|----------|
| 23.29 | 26.89 | 50 FR | 24.09 | 20.59 |
| 50.39 | 58.19 | 100 FR | 52.59 | 44.99 |
| 1:49.09 | 2:04.99 | 200 FR | 1:55.29 | 1:38.59 |
| 4:53.59 | 4:26.69 | 400/500 FR | 4:05.29 | 4:29.29 |
| 10:11.49 | 9:06.79 | 800/1000 FR | 8:28.19 | 9:24.29 |
| 17:02.19 | 17:26.79 | 1500/1650 FR | 16:14.79 | 15:40.39 |
| 55.09 | 1:04.79 | 100 BK | 58.79 | 49.29 |
| 1:59.39 | 2:19.59 | 200 BK | 2:08.29 | 1:47.99 |
| 1:03.09 | 1:13.79 | 100 BR | 1:05.99 | 55.69 |
| 2:17.19 | 2:38.59 | 200 BR | 2:24.39 | 2:01.89 |
| 54.69 | 1:02.69 | 100 FL | 56.59 | 48.79 |
| 2:01.69 | 2:18.39 | 200 FL | 2:06.39 | 1:49.29 |
| 2:02.19 | 2:22.09 | 200 IM | 2:09.49 | 1:49.79 |
| 4:21.69 | 5:00.29 | 400 IM | 4:35.89 | 3:56.99 |
| X | X | 4x50 FR-R | X | X |
| 3:27.49 | 3:58:09 | 4x100 FR-R | 3:35.79 | 3:05.79 |
| 7:32.79 | 8:35.09 | 4x200 FR-R | 7:52.39 | 6:49.59 |
| X | X | 4x50 Med-R | X | X |
| 3:47.79 | 4:24.19 | 4x100 Med-R | 3:58.69 | 3:23.39 |



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SPEEDO WINTER JUNIOR CHAMPIONSHIPS

** Qualifying period 11/1/2023 through entry deadline*

WOMEN

MEN

| | SCY | LCM | BONUS | LCM | SCY | |
|--|------------|------------|--------------|------------|------------|--|
| | 23.89 | 27.39 | 50 FR | 24.59 | 21.29 | |
| | 51.89 | 59.29 | 100 FR | 53.59 | 46.39 | |
| | 1:52.29 | 2:07.79 | 200 FR | 1:57.79 | 1:41.59 | |
| | 5:02.59 | 4:28.79 | 400/500 FR | 4:09.99 | 4:37.09 | |
| | 10:20.49 | 9:13.79 | 800/1000 FR | 8:40.69 | 9:34.29 | |
| | 17:14.39 | 17:40.19 | 1500/1650 FR | 16:38.99 | 16:05.49 | |
| | 57.09 | 1:06.79 | 100 BK | 1:00.59 | 51.49 | |
| | 2:04.19 | 2:23.99 | 200 BK | 2:11.89 | 1:52.79 | |
| | 1:05.49 | 1:15.99 | 100 BR | 1:08.19 | 57.99 | |
| | 2:22.69 | 2:43.39 | 200 BR | 2:29.09 | 2:07.99 | |
| | 56.59 | 1:04.69 | 100 FL | 57.99 | 50.59 | |
| | 2:05.39 | 2:21.89 | 200 FL | 2:10.19 | 1:53.69 | |
| | 2:06.39 | 2:26.19 | 200 IM | 2:12.79 | 1:53.89 | |
| | 4:30.69 | 5:07.29 | 400 IM | 4:42.39 | 4:06.99 | |