

# **STREAMLINE AQUATICS**

### 2023 ST SASA Sombrero Series Dos

### October 27-29, 2023

Sanction Number: ST-23-93

Welcome:	•Streamline Aquatics invites you to join us at the Barshop Natatorium on the campus of The University of the Incarnate Word to compete in our Sombrero Series Dos, open unclassified short-course yards meet.
Venue:	<ul> <li>The Barshop Natatorium is located on UIW's Campus at 4301 Broadway, San Antonio, TX 78209. 210-805-3078</li> <li>The pool is located on the West side of campus over the river bridge and on the right.</li> </ul>
Facility:	<ul> <li>This meet will be conducted in one 11 lane, 25 yard pool, with 8 lanes for competition and 2 lanes for warm up and warm down</li> <li>We will use Hy-Tek Meet Manager software and Daktronics timing system.</li> </ul>
Water Depth:	<ul> <li>The minimum water depth, measured in accordance with Article 103.2.3, is 13 feet at the start end and the turn end is three feet three-and-one-half inches measured for a distance of one meter to five meters from both end walls</li> <li>The competition course has been certified in accordance with 104.2.2C(4)</li> <li>A copy of the certification is on file with USA Swimming</li> </ul>
Liability:	<ul> <li>In granting this sanction it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), The University of the Incarnate Word, Barshop Natatorium, and Streamline Aquatics and all meet officials shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event</li> <li>Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.</li> <li>An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.</li> <li>USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.</li> <li>BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, SOUTH TEXAS SWIMMING, UNIVERSITY OF THE INCARNATE WORD, STREAMLINE AQUATICS, AND SUBSIDIARIES AND EACH OF THEIR OFFICERS, PARTNERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPE</li></ul>
Sanctions:	•Held under the sanction of USA Swimming. Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP") and any relevant sections of the South Texas Policies & Procedures Manual will govern this meet. All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP") and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. •All swimmers must be registered as athletes for 2023 or 2024 with USA Swimming by the meet start date. Athletes who register with USA Swimming after the meet entry deadline may deck enter the meet only if they can present their 2023 or 2024 USA Swimming registration card –OR- a coach may present the club's official, watermarked roster from the USA Swimming club portal, or proof of membership using the USA Swimming App. •South Texas Swimming does not allow on-deck USA Swimming registrations

•Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.

USA Swimming				
<b>Registration:</b>				
	registered with USA Swimming			
				member as provided in Article 302 as proof of their registration to the Meet
	Director or designee at any		JSA Swittitting ID Caru	as proof of their registration to the meet
			; 2) need to be late-e	ntered because of clerical errors by the
	entering team or the Meet	Host; or 3) are not	entered in this meet a	nd choose to enter time trials, if offered,
				embership using the USA Swimming App.
	<ul> <li>Or a coach may prese</li> <li>Current national and</li> </ul>			rom the USA Swimming club portal
	•South Texas Swimming do			
Qualificing				
Qualifying Times:	•There are no qualifying ti	mas – this maat is u	nclassified	
Times.	•Enter all events with shor			
	•Athletes may enter the m	-		stimate a SCY time
	•LCM times may be conver			
			athlete is seeded in the	he proper heat, which provides the best
	competition for all athletes	i		
Meet Format:		timed finals swum a	s mixed gender, seede	ed by time only without regard to age or
	gender.	inals cooled by time	anly and may be entag	red either as single gender relays or as a
	mixed relay (2 boys/2 girls)		only and may be enter	red either as single gender relays or as a
	•Relay age groups are 10 8		over Relay cards are	due by 6·15 PM on Friday
	•All events will swim fastes		over heldy cards are t	
	<ul> <li>If there are schedule char</li> </ul>	nges, notification wil	l be made as soon as p	ossible after entry deadline.
	-	to cap the number o	f swimmers entered in	the meet in order to stay within the four
	hour rule			
	•Swimmers will be entered	in the order entries	are received.	
Daily		<b>.</b>	<b>c</b> · · · ·	
Schedule:		Session I Friday	Session II Saturday	Session III Sunday
	●Warm-ups begin @	4:45 PM	10:15 AM	11:15 AM
	•Clear pool @	5:45 PM	11:15 AM	12:15 PM
	<ul> <li>Coaches' meeting @</li> </ul>	5:50 PM	11:20 AM	12:20 PM
	•Sombrero Parade @		11:30 AM	
	•Competition begins @	6:00 PM	2 <mark>3 Sombrero Uno Mee</mark> 11:45 AM	12:30 PM
	•Relay Cards are due by 6:		11.45 AM	12.301101
	Deck Entries close 45 min	nutes prior to the st		
	•The 500 Freestyle will req			ırday
	•The 400 IM will require po	ositive check-in by 1	1:50 AM on Sunday	
Entry Deadline:	<ul> <li>Streamline reserves the right to cap entries in order to comply with the USA Swimming's</li> </ul>			the USA Swimming's
four-hour rule.	Entries onen at 1:00 BM	Thursday, October 1	12 2022	
	<ul> <li>Entries open at 1:00 PM, Thursday, October 12, 2023</li> <li>Entries close Tuesday, October 17, 2023 at 9:00 PM</li> </ul>			
				t will not be accepted at the meet.
Entry Fees:	\$10.00 per individual even			
<ul> <li>This <u>includes</u> the South Texas Swimming splash fee of \$1.25 per splash</li> <li>Please note a \$5.00 per swimmer processing fee will be assessed for entries submitted without an a</li> </ul>				
	Hy-Tek or Team Unify Entry	/ File.		
				entries will be removed from the meet
	Please include an entry fe     Once ontries are accepted			oven if a swimmer should fail to compete
	<ul> <li>Once entries are accepted, refunds will not be given for any reason, even if a swimmer should fail to competence</li> <li>Make checks payable to Streamline Aquatics and mail to:</li> </ul>			
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#### •SASA Sombrero Series Dos

•14514 Majestic Prince Street

•San Antonio, TX 78248

Entry Procedure:	<ul> <li>Swimmers may enter a maximum of <u>6 individual events per day. Please note:</u></li> <li>The age of the swimmer will be his/her age on October 27, 2023</li> <li>Please enter all events with short course yards times</li> </ul>
	•When submitting files to the Entries Chair, please include the name, email address, and the phone number of the person submitting the entries
	• Entries must be emailed to <u>sasaentries@gmail.com</u>
	Please do not use any other email address for submitting your entries!!!
	<ul> <li>If you do not receive an email confirmation, your entries were not received</li> <li>Please mail a hard copy of what you emailed</li> </ul>
	•Teams with fewer than five swimmers are not required to submit entries via Team Unify or Hy-Tek. A \$5.00
	per swimmer processing fee will be added for entries submitted without an accompanying Hy-Tek or Team Unify entry file.
	<ul> <li>They should email: swimmers full name (as registered with USA Swimming), swimmer's date of birth, swimmer's gender, USA ID number or USA ID Card, club name, club abbreviation, LSC, event number/name and entry seed times.</li> </ul>
	•Teams with five or more swimmers entered in the meet must submit their entries using Team Unify or Version three through eight of Hy-Tek Team Manager software
	•Please Include the Team Unify or Hy-Tek entry file and a Word document of the entries <b>by swimmer</b> with each entry file, including any subsequent revisions
	•Please rename the entry file to clearly identify the meet name and your club code. It is necessary to include a hard copy of your entries with your check.
	<ul> <li>No paper, phone or fax entries will be accepted</li> <li>Entries received without accurate USA Swimming registration numbers will NOT be accepted or processed.</li> </ul>
Heat Sheets:	•Heat Sheets will be posted for free on SASA website. Paper copies will NOT be sold.
Time Trials:	•No Time Trials will be offered.
Deck Entries:	Deck entries will be accepted only for open lanes •No new heats will be created
	<ul> <li>You may deck enter beginning at the start of warm-up</li> <li>Deck entries will close 45 minutes before the start of each session the meet. Deck entries for subsequent sessions will be accepted at any time so long as they are accomplished at least 45 minutes prior to the start of the session</li> </ul>
	the session. ●The deck entry fee is \$20.00 per individual event and \$25.00 per relay event.
	•The meet surcharge fee of \$9.50 per athlete only will be collected from swimmers not previously entered the
	<ul> <li>meet.</li> <li>Swimmers not previously entered in the meet must present their USA swimming registration card or prove</li> </ul>
	current registration using their USA Swimming App account at Clerk of Course to be able to deck enter •There can be no exceptions.
Awards:	<ul> <li>A Traveling Sombrero will be awarded to the team that has the highest percentage of "new best times"</li> <li>The team awarded the Sombrero will be honored with a special Sombrero Parade around the pool at the next Sombrero Series Meet.</li> </ul>
	Ribbons for individual events first through sixth place
	<ul> <li>We will award ribbons for ages eight and under, 9-10, 11-12, and 13 &amp; Over</li> <li>No relay ribbons will be awarded.</li> </ul>
Officials:	<ul> <li>Help from visiting officials is always welcome</li> <li>Visiting officials are asked to indicate their availability with the team's entry or email the meet referee, Tom</li> </ul>
	Schultz at tschultz@gvtc.com
	<ul> <li>All currently certified and in training USA Swimming officials are cordially invited to participate</li> <li>All deck officials must be registered with USA Swimming and their local LSC for 2023 or 2024 and have a current Background Check and Athlete Protection Course acknowledged by USA Swimming</li> </ul>
	•Please email the Meet Referee with your certification level and availability so he can plan accordingly
	<ul> <li>Please report to the Meet Referee at least one hour prior to the scheduled start time of the session for the officials' briefing and to receive your assignments</li> <li>The wearing of name tags is strongly encouraged.</li> </ul>
Timers:	•Timers will be assigned by team and lane
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	<ul> <li>Timing assignments will be e-mailed to each team the week of the meet</li> <li>Please work with your parents to insure lane responsibilities are covered</li> <li>Swimmers in the 500-yard Freestyle will be responsible for providing their own timers</li> <li><u>Two timers per lane</u> and their own lap counters.</li> <li>Swimmers in the 400-yard I-M will be responsible for providing their own timers</li> <li><u>Two timers per lane</u>.</li> </ul>			
Unaccompanied Swimmers:	<ul><li>performing a racing s</li><li>When unaccompar</li></ul>	tart or must start each ra	ace from within the water a, it is the responsibility o	ing member-coach as being proficient in without the use of the backstroke ledge. If the swimmer or the swimmer's legal
Cell phone Restrictions:	<ul> <li>Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms</li> <li>There are no exceptions to this policy</li> <li>Violators are subject to disqualification from the meet, disbarment from the facility, and arrest.</li> </ul>			
Swimmer Photographs And Videos:	There may be one or more photographers and / or videographers on deck at this meet In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made, are required to contact the Meet Director prior to the beginning of warm-ups. Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present, are specifically prohibited from making shots during the start phase of any race.			
Deck Changing:	Deck changing is prohibited			
		ds and AED device will b rticipating in the meet.	e present to provide any n	necessary medical supervision and
Drones:	venue (pools, athlete	c/coach areas, spectator ators are present. Excep	areas and open-ceiling lo	flying apparatus, is prohibited over the cker rooms) any time athletes, coaches, prior written approval by the Programs
Special Needs:	<ul> <li>Please notify the Barshop Natatorium (210-805-3078) in advance of this event with the name and age of any member on your team who needs assistance to enter the building.</li> <li>The Natatorium staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use our facility.</li> <li>In any meet sanctioned or approved by this LSC that may include one or more swimmers with visual, hearing, mental, or physical disabilities, the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105</li> <li>A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities. Coaches and/or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105.</li> <li>Coaches and/or athletes must notify the Meet Referee before the events to be seeded in the lane next to the starter should notify the entry chair by the entry deadline.</li> </ul>			
Administration:	<ul> <li>Meet Referee:</li> <li>Meet Director:</li> <li>Admin Official:</li> <li>Head Coach:</li> </ul>	Tom Schultz Phillip Davis Angella Woodard Phillip Davis	210-284-8116 870-403-7000 210-408-7946 870-403-7000	<u>tschultz@gvtc.com</u> <u>uiwsasa@gmail.com</u> <u>sasaentries@gmail.com</u> uiwsasa@gmail.com
Parking:			nd behind the Barshop Na	
Concessions:	•There will be conce •Please help us keep	ssions available		



# WHO WILL TAKE HOME THE SOMBRERO???

# **Order of Events**

**All Events Swum as Mixed Gender** 

Except the 13 & O - 50 and 100 Free (Alternating Heats by Gender) \*\* An Open by rreestyle is Offered on both Saturday and Sunday and may be entered twice if so desired. \*

SESSION I / Friday, October 27, 2023			
Event # Event Description			
1	Open 100 yd Breaststroke		
2	12 & Under 100 yd Freestyle		
3	13 & Over 50 yd Freestyle**		
4	12 & Under 200 yd IM		
5	Open 100 yd Butterfly		
6	10 & Over 200 yd Backstroke		
	Optional 10-minute break		
7	Open 200 yd Medley Relay		
Relay Cards are due by 6:15 PM on Friday			

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#### SESSION II / Saturday, October 28, 2023

SESSION II / Saturday, October 28, 2023			
Event #	Event Description		
8	13 & Over 200 yd IM		
9	Open 50 yd Backstroke		
10	11 & Under 25 yd Butterfly*		
11	10 & Over 200 yd Breaststroke		
12	*Open 50 yd Freestyle		
13	11 & Under 25 yd Breaststroke*		
14	Open 100 yd Backstroke		
15	Open 50 yd Butterfly		
	Optional 10-minute Break		
16*	8 & Over 500 yd Free*		

\*Positive check-in for 500 Free – 10:55 AM. 500 Free swimmers must provide two timers for their lanes and their own lap counter.

#### Session III / Sunday, October 29, 2023

17	Open 200 yd Freestyle		
18	Open 50 yd Breaststroke		
19	11 & Under 25 yd Backstroke*		
20	Open 100 yd IM		
21	13 & Over 100 yd Freestyle**		
22	11 and Under 25 yd Freestyle*		
23	10 & Over 200 yd Butterfly		
24	24 *Open 50 Freestyle		
	Optional 10-minute Break		
25*	25* 10 & Over 400 yd IM		



\*Positive check-in for 400 IM – 11:50 AM. 400 IM swimmers must provide <u>two timers</u> for their Lane. NOTE: This is the final SASA Meet of the 23-24 short course season where 25-yard events will be offered



## **SOUTH TEXAS SWIMMING, Inc.** Safety Guidelines and Warm-up Procedures

#### A. WARM-UP PROCEDURES

- I. Assigned Warm-up Procedures
  - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
  - b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
  - c. Dive sprints shall occur from only the designated end of the pool, swimmers must exit on the opposite
    - end of the pool, and may be done only under the direct supervision of the coach.
  - d. Open Warm-up Procedures

#### LANE USE

a.

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
10 Lanes (0-9)	0 and 9	1, 2, 6, and 7	3 through 5
10 Lanes (1-10	1 and 10	2, 3, 7, and 8	4 through 6
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- e. The first half of the assigned warm-up time shall be general warm-up for all lanes.
- f. Push/Pace lanes will push off one or two lengths from starting end.
- g. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times and from the designated end. Swimmers must exit the pool on the opposite end.
- h. There will be no diving in the general warm-up lanes-circle swimming only.
- i. No kickboards, pull buoys, or hand paddles may be used.

#### II. Safety Guidelines

- Coaches are responsible for the following:
  - 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
  - 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
  - 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following:
  - 1. A minimum of two marshals, with a minimum of one of each gender, who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
  - 2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
  - 3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
  - 4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
  - 5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
  - 6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

#### **B. MISCELLANEOUS NOTES**

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks.
- Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- V. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm- ups unless approved by the Meet Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.

STSI Safety Guidelines and Warm-up Procedures last Revised 10/27/22