



# **STREAMLINE AQUATICS**

# **2024 ST SASA Sombrero Series Uno**

September 27-29, 2024

Sanction Number: ST-24-76

Welcome:

•Streamline Aquatics invites you to join us at the Barshop Natatorium on the campus of The University of the Incarnate Word to compete in our Sombrero Series Uno, open unclassified short-course yards meet.

Venue:

•The Barshop Natatorium is located on UIW's Campus at 4301 Broadway, San Antonio, TX 78209. 210-805-3078

•The pool is located on the West side of campus over the river bridge and on the right.

**Facility:** 

•This meet will be conducted in one 11 lane, 25-yard pool, with 8 lanes for competition and 2 lanes for warm up and warm down

•We will use Hy-Tek Meet Manager software and Daktronics timing system.

Water Depth:

The minimum water depth, measured in accordance with Article 103.2.3, is 13 feet at the start end and the turn end is three feet three-and-one-half inches measured for a distance of one meter to five meters from both end walls

•The host will ensure the required course dimensions.

Liability:

- •In granting this sanction it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), The University of the Incarnate Word, Barshop Natatorium, and Streamline Aquatics and all meet officials shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event
- •Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

**Sanctions:** 

- •Held under the sanction of USA Swimming. Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP") and any relevant sections of the South Texas Policies & Procedures Manual will govern this meet.
- •All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.
- •All swimmers must be registered as athletes in good standing with USA Swimming as of the meet date(s). Athletes who register with USA Swimming and/or South Texas Swimming after the meet entry deadline may deck enter the meet only if they can present their current USA Swimming membership card using the USA Swimming app (or a coach may present the club's official roster from the USA Swimming app).
- Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.

# USA Swimming Registration:

- •All swimmers, coaches, and officials participating in this competition must be current USA Swimming members in good standing as of the meet date(s).
- •No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302
- •All should also be prepared to present their USA Swimming ID membership card using the USA Swimming app as proof of their registration to the Meet Director or designee at any time
- •Swimmers who 1) late enter when possible; 2) need to be late-entered because of clerical errors by the entering team or the Meet Host; or 3) are not entered in this meet and choose to enter time trials, if offered, will be required to present their USA Swimming membership card using the USA Swimming app.
  - Current national and LSC regulations do not allow for exceptions to these policies

# Qualifying

# Times:

- •There are no qualifying times this meet is unclassified
- •Enter all events with short course yards times.
- Athletes may enter the meet with NT, we would encourage you to estimate a SCY time
- •LCM times may be converted to SCY
- •A good estimated SCY time will ensure your athlete is seeded in the proper heat, which provides the best competition for all athletes

#### **Meet Format:**

- •All individual events are timed finals swum as mixed gender, seeded by time only without regard to age or gender.
- •Relays events are timed finals seeded by time only and may be entered either as single gender relays <u>or</u> as a mixed relay (2 boys/2 girls).
- •Age Groups for 100 yd Freestyle Relay 10&U, 11-12. Age groups for the 200 Freestyle Relay are 10 & U, 11-12, and 13 & over.
- •All events will swim fastest to slowest
- •If there are schedule changes, notification will be made as soon as possible after entry deadline.
- •We also reserve the right to cap the number of swimmers entered in the meet in order to stay within the four-hour rule
- •Swimmers will be entered in the order entries are received.

# Daily Schedule:

|                                      | Session I<br>Friday | Session II<br>Saturday | Session III<br>Sunday |
|--------------------------------------|---------------------|------------------------|-----------------------|
|                                      |                     |                        |                       |
| <ul><li>Warm-ups begin @</li></ul>   | 4:45 PM             | 10:15 AM               | 11:15 AM              |
| <ul><li>Clear pool @</li></ul>       | 5:45 PM             | 11:15 AM               | 12:15 PM              |
| <ul><li>Coaches' meeting @</li></ul> | 5:50 PM             | 11:20 AM               | 12:20 PM              |
| ●Sombrero Parade @                   |                     | 11:30 AM               |                       |

### Sombrero Champs Parade for the CLAN at 11:30 AM Team Winner of the 2024 Sombrero Champs Meet

| <ul> <li>Competition I</li> </ul> | pegins @ | 6:00 PM | 11:45 AM | 12:30 PM |
|-----------------------------------|----------|---------|----------|----------|
|-----------------------------------|----------|---------|----------|----------|

- •Relay Cards are due on Saturday by noon.
- Positive Check-in for the 400 IM on Saturday will close at 10:50 AM
- Positive Check-in for the 500 Free on Sunday will close at 11:50 AM
- Deck Entries close 45 minutes prior to the start of each session.

## **Entry Deadline**:

- •Streamline reserves the right to cap entries in order to comply with the USA Swimming's four-hour rule.
- Entries open at 1:00 PM, Friday, September 13, 2024
- ●Entries close Tuesday, September 17, 2024 at 9:00 PM
- •Entry fees must be received by Monday, September 23, 2024. Payment will not be accepted at the meet.

## **Entry Fees:**

## \$10.00 per individual event. \$20.00 per relay event. \$9.50 per athlete facility surcharge.

●This <u>includes</u> the South Texas Swimming splash fee of \$1.25 per splash

Please note a \$5.00 per swimmer processing fee will be assessed for entries submitted without an accompanying Hy-Tek or Team Unify Entry File.

- Entry fees must be received by Monday, September 23, 2024, or your entries will be removed from the meet
- Please include an entry fee report with your check
- •Once entries are accepted, refunds will not be given for any reason, even if a swimmer should fail to compete.
- Make checks payable to **Streamline Aquatics** and mail to:
  - SASA Sombrero Series Uno
  - •14514 Majestic Prince Street
  - •San Antonio, TX 78248-1133

## **Entry Procedure:**

- •Swimmers may enter a maximum of 6 individual events and 1 relay event per day
- •The age of the swimmer will be his/her age on **September 27, 2024**
- Please enter all events with short course yards times
- •Relays may be entered either as single gender or as a mixed relay (2 boys/2 girls)
- When submitting files to the Entries Chair, please include the name, email address, and the phone number of the person submitting the entries
- Entries must be emailed to <a href="mailto:sasaentries@gmail.com">sasaentries@gmail.com</a>
  - •Please do not use any other email address for submitting your entries!!!
- •If you do not receive an email confirmation, your entries were not received
- Please mail a hard copy of what you emailed
- •Teams with fewer than five swimmers are not required to submit entries via Team Unify or Hy-Tek.

- •They should email: swimmers full name (as registered with USA Swimming), swimmer's date of birth, swimmer's gender, USA ID number or USA ID Card, club name, club abbreviation, LSC, event number/name and entry seed times.
- •Teams with five or more swimmers entered in the meet must submit their entries using Team Unify or Version three through eight of Hy-Tek Team Manager software.
- •Please Include the Team Unify or Hy-Tek entry file and a Word document of the entries **by swimmer** with each entry file, including any subsequent revisions
- •Please rename the entry file to clearly identify the meet name and your club code. It is necessary to include a hard copy of your entries with your check.
- •No paper, phone or fax entries will be accepted
- •Entries received without accurate USA Swimming ID numbers will NOT be accepted or processed.

**Heat Sheets:** 

• Heat Sheets will be posted for free on SASA website. Paper copies will NOT be sold.

**Time Trials:** 

No Time Trials will be offered.

**Deck Entries:** 

Deck entries will be accepted only for open lanes

- •No new heats will be created
- •You may deck enter beginning at the start of warm-up
- Deck entries will close 45 minutes before the start of each session the meet. Deck entries for subsequent sessions will be accepted at any time so long as they are accomplished at least 45 minutes prior to the start of the session.
- •The deck entry fee is \$15.00 per individual event and \$20.00 per relay event.
- •The meet surcharge fee of \$9.50 per athlete only will be collected from swimmers not previously entered into the meet
- •Swimmers not previously entered in the meet must present their USA Swimming ID card using the USA Swimming app (or a coach may present the club's official roster from the USA Swimming app) to be able to deck enter.
  - •There can be no exceptions.

Awards:

- •A Traveling Sombrero will be awarded to the team that has the highest percentage of "new best times"
- •The team awarded the Sombrero will be honored with a special Sombrero Parade around the pool at the next Sombrero Series Meet.
- •Ribbons for individual events first through sixth place
- •We will award ribbons for ages six and under, 7-8. 9-10. 11-12, and 13 & Over
- •No relay ribbons will be awarded.

Officials:

- •Help from visiting officials is always welcome
- •Visiting officials are asked to indicate their availability with the team's entry or email the meet referee, Tom Schultz at <a href="mailto:tschultz@gvtc.com">tschultz@gvtc.com</a>
- All currently certified and in training USA Swimming officials are cordially invited to participate
- All deck and administrative officials must be current members in good standing with USA Swimming and their local LSC.
- Please email the Meet Referee with your certification level and availability so he can plan accordingly
- •Please report to the Meet Referee at least one hour prior to the scheduled start time of the session for the officials' briefing and to receive your assignments
- •The wearing of name tags is strongly encouraged.

Timers:

- •Timers will be assigned by team and lane
- •Timing assignments will be e-mailed to each team the week of the meet
- Please work with your parents to ensure lane responsibilities are covered
- •Swimmers in the 500-yard Freestyle will be responsible for providing their own timers
  - Two timers per lane and their own lap counters.
- •Swimmers in the 400-yard I-M will be responsible for providing their own timers
  - Two timers per lane

# Unaccompanied Swimmers:

- •Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge.
- •When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. All unaccompanied swimmers will be temporarily assigned to a registered USA Swimming coach for warm up, warm down, and competition purposes in order to comply with USA Swimming Rule 202.5.3. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make sure arrangements prior to the start of the meet.

# Cell phone

# Restrictions:

- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms
- •There are no exceptions to this policy
- Violators are subject to disqualification from the meet, disbarment from the facility, and arrest.

# Swimmer Photographs And Videos:

There may be one or more photographers and / or videographers on deck at this meet

- •In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made, are required to contact the Meet Director prior to the beginning of warm-ups.
- •Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present, are specifically prohibited from making shots during the start phase of any race.

### **Deck**

Changing:

Deck changing is prohibited

## Medical

**Supervision:** 

During the meet, lifeguards and AED device will be present to provide any necessary medical supervision and treatment for athletes participating in the meet.

#### **Drones:**

Per USA Swimming Rule 103.13, the operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Programs and Events Committee Chair or designee.

### **Special Needs:**

- •Please notify the Barshop Natatorium (210-805-3078) in advance of this event with the name and age of any member on your team who needs assistance to enter the building.
- •The Natatorium staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use our facility.
- •In any meet sanctioned or approved by this LSC that may include one or more swimmers with visual, hearing, mental, or physical disabilities, the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105
- •A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities. Coaches and/or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105.
- Coaches and/or athletes must notify the Meet Referee before the event begins is they are to be considered to be judged under Article 105. Adaptive swimmers who would like their events to be seeded in the lane next to the starter should notify the entry chair by the entry deadline.

### **Administration:**

•Meet Referee: Tom Schultz 210-284-8116 tschultz@gvtc.com uiwsasa@gmail.com Meet Director: Phillip Davis 870-403-7000 •Admin Official: Angella Woodard 210-408-7946 sasaentries@gmail.com •Head Coach: **Phillip Davis** 870-403-7000 uiwsasa@gmail.com

### Parking:

•There should be plenty of free parking both behind and in the lot across the street from the front of the Barshop Natatorium.

### **Concessions:**

There will be concessions availablePlease help us keep the facility clean

# WHO WILL TAKE HOME THE SOMBRERO???



# **Order of Events**

All Events Swum as Mixed Gender
Except 13 & O - 50 and 100 Free (Alternating Heats by Gender) \*\*

SESSION I / Friday, September 27, 2024

| 323310N 17 Friday, 3eptember 27, 2024 |                              |  |
|---------------------------------------|------------------------------|--|
| Event #                               | Event Description            |  |
| 1                                     | 10 & Over 200 yd Backstroke  |  |
| 2                                     | Open 100 yd IM               |  |
| 3                                     | 13 & Over 50 yd Freestyle**  |  |
| 4                                     | 12 & Under 100 yd Freestyle  |  |
| 5                                     | 12 & Under 200 yd IM         |  |
| 6                                     | Open 100 yd Breaststroke     |  |
| 7                                     | 12 & Under 50 yd Freestyle   |  |
| 8                                     | 13 & Over 100 yd Freestyle** |  |

SESSION II / Saturday, September 28, 2024

| Event #          | Event Description                 |  |  |
|------------------|-----------------------------------|--|--|
| 9                | Open 200 yd Freestyle             |  |  |
| 10               | Open 50 yd Breaststroke           |  |  |
| 11               | 11 & Under 25 yd Freestyle        |  |  |
| 12               | Open 100 yd Freestyle             |  |  |
| 13               | 11 and Under 25 yd Butterfly      |  |  |
| 14               | 10 & Over 200 yd Breaststroke     |  |  |
| 15               | Open 50 yd Backstroke             |  |  |
| 16               | Open 100 yd Butterfly             |  |  |
|                  | Optional 10-minute Break          |  |  |
| 17               | 12 & Under 100 yd Freestyle Relay |  |  |
| 18               | Open 200 yd Freestyle Relay       |  |  |
|                  | Optional 10-minute Break          |  |  |
| <mark>19*</mark> | Mixed 10 and Over 400 yd IM       |  |  |

Relay Cards are due by Noon on Saturday

\*Positive check-in for 400 IM – 10:50 AM. 400 IM swimmers must provide two timers for their Lane.

Session III / Sunday, September 29, 2024

| Event # | Event Description             |  |
|---------|-------------------------------|--|
| 20      | 13 & Over 200 yd IM           |  |
| 21      | Open 50 yd Freestyle          |  |
| 22      | 11 & Under 25 yd Backstroke   |  |
| 23      | 10 & Over 200 yd Butterfly    |  |
| 24      | Open 100 yd Backstroke        |  |
| 25      | 11 & Under 25 yd Breaststroke |  |
| 26      | Open 50 yd Butterfly          |  |
|         | Optional 10-minute Break      |  |
| 27*     | 8 & Over 500 yd Free*         |  |

\*Positive check-in for 500 Free – 11:50 AM. 500 Free swimmers must provide two timers for their lanes and their own lap counter.

# **SOUTH TEXAS SWIMMING, Inc.**Safety Guidelines and Warm-up Procedures

### A. WARM-UP PROCEDURES

- I. Assigned Warm-up Procedures
  - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
  - b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
  - c. Dive sprints shall occur from only the designated end of the pool, swimmers must exit on the opposite end of the pool, and may be done only under the direct supervision of the coach.
  - d. Open Warm-up Procedures

### **LANE USE**

| POOL           | PUSH/PACE | DIVES/SPRINTS  | GENERAL WARMUP |
|----------------|-----------|----------------|----------------|
| 10 Lanes (0-9) | 0 and 9   | 1, 2, 6, and 7 | 3 through 5    |
| 10 Lanes (1-10 | 1 and 10  | 2, 3, 7, and 8 | 4 through 6    |
| 8 Lanes        | 1 and 8   | 2 and 7        | 3 through 6    |
| 6 Lanes        | 1 and 6   | 2 and 5        | 3 and 4        |

- e. The first half of the assigned warm-up time shall be general warm-up for all lanes.
- f. Push/Pace lanes will push off one or two lengths from starting end.
- g. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times and from the designated end. Swimmers must exit the pool on the opposite end.
- h. There will be no diving in the general warm-up lanes—circle swimming only.
- i. No kickboards, pull buoys, or hand paddles may be used.
- II. Safety Guidelines
  - a. Coaches are responsible for the following:
    - 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
    - 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
    - 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
  - b. The host team will be responsible for the following:
    - 1. A minimum of two marshals, with a minimum of one of each gender, who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
    - 2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
    - 3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
    - 4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
    - 5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
    - 6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

### **B. MISCELLANEOUS NOTES**

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- V. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm- ups unless approved by the Meet Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.

STSI Safety Guidelines and Warm-up Procedures last Revised 10/27/22